

**AYUSH WELLNESS CLINIC - SIDDHA WING AT PRESIDENT
ESTATE****R. Manickavasagam*¹ and L. Janani²**

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The President of India, **Shri Pranab Mukherjee** inaugurated a new **AYUSH Wellness Clinic** in Schedule 'B' area of the President's Estate on July 25, 2015 to mark the completion of the third year of his Presidency. Keeping in view the emphasis laid by the Government to holistic methods of healing and therapy by Indian systems of medicine & homeopathy, Rasthrapati Bhavan has established the AYUSH Wellness Clinic (AWC) in the President's Estate. The Clinic is catering to the medical needs of the President, officials of President's Secretariat and residents of the President's Estate. The AWC having treatment facilities in the streams of Ayurveda, Yoga and Naturopathy, Unani, Siddha & Homeopathy under one roof with the assistance of the Ministry of AYUSH. A dilapidated building in the President's Estate has been renovated and converted into the AWC. The work of renovation was started on March 30, 2015 and completed on July 24,

2015.

AWC – Siddha Wing

Even though, Ayush Wellness Clinic was inaugurated by the president of India on 25th Jul 2016, Siddha Wing at AWC was operated full-fledged from 8th March after the appointment of the Siddha consultants **Dr.R.Manickavasagam & Dr L. Janani** by **Central Council for Research in Siddha (CCRS)**. AWC-Siddha wing offering both consultation and treatment packages for various disease conditions like All types of Vali (Vatha) Disorders, Diabetes, Psoriasis, Ezcema, Bronchial Asthma, Haemorrhoids, Renal calculi etc. Treatment including

both internal medicines and External therapies as per mentioned in Siddha literature and CCRS guidance. **Varmam Therapy** is one of the unique therapy offers by AWC – Siddha wing to patients suffering all types of Vali (Vatha) Disorders. Apart from Varmam Therapy, Vedhu, Patru, Otradam, Poochu, Kalimbu etc. Therapies are also available for patients. All datas related to treatment are entering in ERP software provided by Rasthrapati Bhavan IT Department.

Employees Details at AWC-Siddha Wing

S.No	Name of the Employee	Designation
1	Dr.R.Manickavasagam	Siddha Consultant
2	Dr.L.Janani	Siddha Consultant
3	Mr.T.Malai Raja	Siddha Pharmacist
4	Mr.Lajaras Doss Jame	MTS
5	Mrs.Anitha	Therapist
	OPD Room No. 21	Therapy Room No.10
	Official Mail ID	awcsiddha@gmail.com

AWC OPD BLOCK



Siddha Therapies at AWC – Siddha Wing

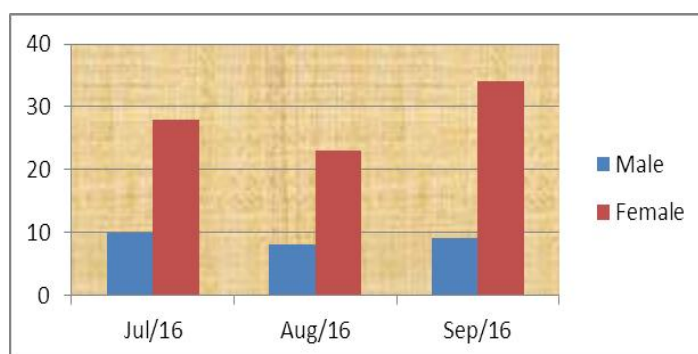
Even though AWC – Siddha wing, started function from 8th March 2016, Siddha external Therapies were approved by financial department of Rasthrapati Bhavan and implemented from 19th July 2016.

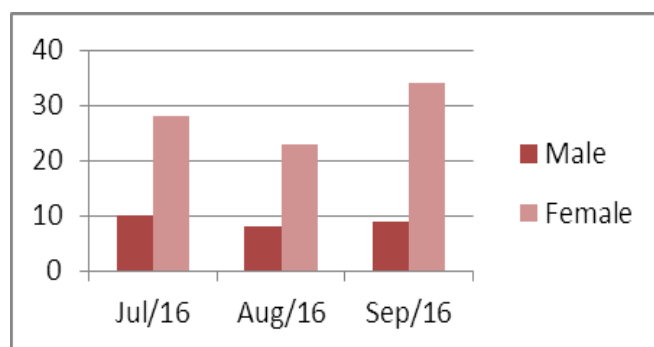


Table 2 - List Siddha External therapies & Their cost at AWC – Siddha Wing

S.No	Name of the Therapy	Cost of the Therapy /10 Visit	Diseases Treated
1	Varmam & Thokkanam (Manipulation Therapy)	150/-	All types of Vali (Vatha) Disorders.
2	Thuvalai Therapy (Herbal Paste Massage Therapy)	150/-	Migraine, Sinusitis
3	Podi Thimiral Therapy (Dry Herbal Powder Massage)	150/-	MR, Cerebral Palsy.
4	Pugai Therapy (Fumigation Therapy)	100/-	Haemorrhoids, Asthma
5	Chuttigai Therapy (Cautery Therapy)	100/-	Skin disorders
6	Vedhu Therapy (Herbal Steam Therapy)	100/-	Asthma, Body pain,
7	Patru Therapy (Poultice Therapy)	50/-	Inflammation, Muscle sprains and Fracture
8	Ottradam & Kizhi Therapy (Fomentation Therapy)	50/-	All types of Vali (Vatha) Disorders.
9	Nasiyam Therapy (Nasal Therapy)	50/-	Rhinitis, Respiratory allergy, Sinusitis
10	Seelai Therapy (Bandage Therapy)	50/-	Wounds

Varmam & Thokkanam Census at AWC – Siddha wing



Patru Therapy Census at AWC – Siddha wing**Some Special Therapies at AWC- Siddha Wing****1. Varmam Therapy for Pakka Vatham (Hemiplegia)****2. Thappalam Therapy for Peenism (Sinusitis)**

3. Varmam Therapy for Azhal Keel Vaayu (OSTEO ARTHRITIS)



4. Varmam Therapy for Mootu Vatham



5. Patru Therapy for AKV (Frozen Shoulder)



6. Patru Therapy for Kuthikal Veekam (Ankle Tendinitis)**7. Patru Therapy for Adipatta Veekam (Inflammation due to accident)****8. Patru Therapy for Keelvayu (Osteo Arthritis)**

9. Patru Therapy for Kuthikal Vaatham (Calcaneal Spur)



10. VedhuTherapy for Otrai Thalai Vali (Migraine)



11. VedhuTherapy for Otrai Thalai Vali



12. Patru Therapy for Thol (Migraine) Pattai Vatham



13. Patru Therapy for Karappan (Eczema)



14. Patru Therapy for Veekam (Muscle Sprain)



Nilavembu Kashayam Machine at AWC – Siddha wing



Siddha Dispensary at AWC – Siddha Wing



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